

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>1</b> 10:00 Catholic Mass (TH) 10:00 Tea & Chat (TH) 1:30 Gospel Hymns & Songs (TH) 2:00 Movie Matinee (TH)	<b>2</b>  Labour Day	<b>3</b> 10:00 Exercise 11:00 Spa 1:30 Armchair Travel 3:30 Trivia	<b>4</b> 10:00 Bingo with RCL # 229 (TH) 2:00 Pub with Steve Warner (TH) 3:00 Music Therapy with Lori (CL) 3:45 Walking Club (CL) 6:15 Movie Night: When Harry Met Sally (TH)	<b>5</b> 10:00 Exercise 12:00 Dine-In Lunch: Pizza 1:30 Murray Piano 2:00 1:1 Visits 3:00 Crossword	<b>6</b> <i>Library Delivery</i> 10:00 Exercise 11:00 Table Games 2:00 Happy Hour (DR) 3:30 Short Stories	<b>7</b> 10:00 Bingo (TH) 2:00 Entertainment with Pete Mason (TH) 3:00 Music Therapy: Hand Chimes Choir (S) 3:30 Puzzles & Pondering
<b>8</b> 10:00 Catholic Mass (TH) 10:00 Tea & Chat (TH) 1:30 Evangelical Service (TH) 2:00 Movie Matinee (TH) Grandparents' Day	<b>9</b> 10:00 Exercise 11:00 Gardening 11:00 Luncheon @ RCL # 8 1:30 Creative Corner 3:30 Fall Fair Prep	<b>10</b> 9:45 Walking Club (CL) 11:00 MN Lunch Outing 1:30 Armchair Travel	<b>11</b> 10:00 Bingo with RCL # 179 (TH) 2:00 Pub with Mark Wolfe (TH) 3:00 Music Therapy with Lori (CL) 3:45 1:1 Visits 6:30 Active Games (TH)	<b>12</b> 10:00 Exercise 11:00 Gardening 1:30 1:1 Visits 1:30 Murray Piano 3:30 Interesting Facts	<b>13</b> 10:00 Exercise 11:00 Table Games 2:00 Happy Hour (DR) 3:30 Short Stories	<b>14</b> 10:00 Bingo (TH) 2:00 Entertainment with Mike Kinal (TH) 3:00 Music Therapy: Hand Chimes Choir (S) 3:30 1:1 Visits
<b>15</b> 10:00 Catholic Mass (TH) 10:00 Tea & Chat (TH) 1:30 Gospel Hymns & Songs with Laura Rideout (TH) 2:00 Movie Matinee (TH)	<b>16</b> 10:00 Exercise 11:00 Gardening 11:00 Luncheon @ RCL # 15 2:00 Ladies Tea (TH) 3:30 Music with Jae-Won (TH)	<b>17</b> 10:00 Exercise 11:00 Spa 1:30 Armchair Travel (TH) 3:30 Jeopardy	<b>18</b> 10:00 Bingo (TH) 2:00 Pub with John Parsons (TH) 3:00 Music Therapy with Lori (CL) 3:45 Walking Club (CL) 6:15 Movie Night: The Producers (TH)	<b>19</b> 10:00 Exercise 11:00 Bowling Alley Outing!! 11:00 Gardening 1:30 1:1 Visits 1:30 Murray Piano 3:30 Crossword	<b>20</b> 10:00 Exercise 11:00 Table Games 2:00 Happy Hour (DR) 3:30 Fall Decorating	<b>21</b> 10:00 Bingo (TH) 2:00 Entertainment with Greg Alcock (TH) 3:00 Music Therapy: Hand Chimes Choir (S) 3:30 Puzzles & Pondering Oktoberfest Begins
<b>22</b> 10:00 Catholic Mass (TH) 10:00 Tea & Chat (TH) 1:30 Baptist Service (TH) 2:30 Birthday Party with Pete Campbell (DR)	<b>23</b> 10:00 Exercise 11:00 Gardening 11:00 Luncheon @ ANAF # 100 1:30 Baking with Apples 3:30 Fall Fair Prep Autumn Begins	<b>24</b> <i>Sofia Design – 11:30 am</i> 10:00 Exercise 11:00 Spa 1:30 Resident Council Meeting (TH) 3:30 Trivia	<b>25</b> 10:00 Bingo with RCL # 148 (TH) 10:00 Pet Visits with Justa 2:00 Pub with Greg Hampson (TH) 3:00 Music Therapy with Lori (CL) 3:45 1:1 Visits 6:30 Active Games (TH)	<b>26</b> 10:00 Exercise 11:00 Gardening 1:30 1:1 Visits 1:30 Murray Piano 3:30 Interesting Facts	<b>27</b> 10:00 Exercise 11:00 Table Games 2:00 Happy Hour (DR) 3:30 Short Stories	<b>28</b> 10:00 Bingo (TH) 2:00 Entertainment with Shawn McKee (TH) 3:00 Music Therapy: Hand Chimes Choir (S) 3:30 1:1 Visits
<b>29</b> 10:00 Catholic Mass (TH) 10:00 Tea & Chat (TH) 1:30 Salvation Army Service (TH) 2:00 Movie Matinee (TH) 3:00 Outdoor Walks	<b>30</b> 10:00 Exercise 10:00 Monthly Decorating with Colette 11:00 Gardening 1:00 Apple Orchard Outing 1:30 Creative Corner 3:00 Calendar Delivery Rosh Hashanah (first Day)					

# September 2019

## MAIN NORTH