

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 10:00 Catholic Mass (TH) 10:00 Tea & Chat (TH) 1:30 Gospel Hymns & Songs with Laura Rideout (TH) 2:00 Movie Matinee (TH) 3:00 Gardening	2  Labour Day	3 9:45 1:1 Visits 11:00 LN Lunch Outing  1:30 Armchair Travel	4 10:00 Music Therapy with Lori (CL) 10:00 Bingo with RCL # 229 (TH) 2:00 Pub with Steve Warner (TH) 3:45 1:1 Visits 6:15 Movie Night: When Harry Met Sally (TH)	5 10:00 Exercise 12:00 Dine-In Lunch 2:00 Creative Corner (S)	6 <i>Library Delivery</i> 10:00 Exercise 11:00 Trivia 2:00 Happy Hour (DR) 3:30 1:1 Visits	7 10:00 Bingo (TH) 2:00 Entertainment with Pete Mason (TH) 3:00 Music Therapy: Hand Chimes Choir (S) 3:30 Puzzles & Pondering
8 10:00 Catholic Mass (TH) 10:00 Tea & Chat (TH) 1:30 Evangelical Service (TH) 2:30 Birthday Party with John Cronin (DR) <small>Grandparents' Day</small>	9 10:00 Exercise 11:00 Gardening 11:00 Luncheon @ RCL # 8  1:30 Table Games 3:00 Fall Fair Prep	10 10:00 Exercise 11:00 Spa 1:30 Armchair Travel (TH) 3:30 Active Games	11 10:00 Music Therapy with Lori (CL) 10:00 Bingo with RCL # 179 (TH) 2:00 Pub with Mark Wolfe (TH) 3:45 1:1 Visits 6:30 Active Games (TH)	12 10:00 Exercise 11:00 Gardening 1:30 Creative Corner (S)	13 10:00 Exercise 11:00 Crossword 2:00 Happy Hour (DR) 3:30 1:1 Visits	14 10:00 Bingo (TH) 2:00 Entertainment with Mike Kinal (TH) 3:00 Music Therapy: Hand Chimes Choir (S) 3:30 Puzzles & Pondering
15 10:00 Catholic Mass (TH) 10:00 Tea & Chat (TH) 1:30 Gospel Hymns & Songs with Laura Rideout (TH) 2:00 Movie Matinee (TH)	16 10:00 Exercise 11:00 Gardening 11:00 Luncheon @ RCL # 15  2:00 Ladies Tea (TH) 3:30 Music with Jae-Won (TH)	17 10:00 Exercise 11:00 Spa 1:30 Armchair Travel (TH) 3:30 Active Games	18 10:00 Music Therapy with Lori (CL) 10:00 Bingo (TH) 10:00 Pet Visits with Justa 2:00 Pub with John Parsons (TH) 3:45 1:1 Visits 6:15 Movie Night: The Producers (TH)	19 9:45 Outdoor Walks 11:00 Bowling Alley Outing!!	20 10:00 Exercise 11:00 Jeopardy 2:00 Happy Hour (DR) 3:30 Fall Decorating	21 10:00 Bingo (TH) 2:00 Entertainment with Greg Alcock (TH) 3:00 Music Therapy: Hand Chimes Choir (S) 3:30 Puzzles & Pondering <small>Oktoberfest Begins</small>
22 10:00 Catholic Mass (TH) 10:00 Tea & Chat (TH) 1:30 Baptist Service (TH) 2:00 Movie Matinee (TH)	23 10:00 Exercise 11:00 Gardening 11:00 Luncheon @ ANAF # 100  1:30 Baking with Apples 3:00 Fall Fair Prep <small>Autumn Begins</small>	24 <i>Sofia Design – 11:30 am</i> 10:00 Exercise 11:00 Spa 1:30 Resident Council Meeting (TH) 3:30 Active Games	25 10:00 Music Therapy with Lori (CL) 10:00 Bingo with RCL # 148 (TH) 2:00 Pub with Greg Hampson (TH) 3:45 1:1 Visits 6:30 Active Games (TH)	26 10:00 Exercise 11:00 Gardening 1:30 Creative Corner (S)	27 10:00 Exercise 11:00 Trivia 2:00 Happy Hour (DR) 3:30 1:1 Visits	28 10:00 Bingo (TH) 2:00 Entertainment with Shawn McKee (TH) 3:00 Music Therapy: Hand Chimes Choir (S) 3:30 Puzzles & Pondering
29 10:00 Catholic Mass (TH) 10:00 Tea & Chat (TH) 1:30 Salvation Army Service (TH) 2:00 Movie Matinee (TH) 3:00 Table Shuffleboard	30 10:00 Exercise 10:00 Monthly Decorating with Colette & Cathy 11:00 Gardening 1:00 Apple Orchard Outing 1:30 Table Games 3:00 Calendar Delivery <small>Rosh Hashanah (first Day)</small>					