

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday



# March 2019 LOWER NORTH



<p><b>3</b></p> <p>10:00 Catholic Mass (TH) 10:00 Tea &amp; Chat (TH) 1:30 Church Service with Laura Rideout (TH) 2:00 Movie Matinee (TH) 3:30 1:1 Visits</p>	<p><b>4</b></p> <p>10:00 Exercise &amp; Balloon Ball 11:00 Short Stories (CL) <b>11:00 Luncheon @ RCL #229</b> 🚌 2:15 Board Games 3:30 Weaving with Christine</p>	<p><b>5</b></p> <p>10:00 1:1 Visits <b>11:00 LN Lunch Outing</b> 🚌 2:00 Hymn Sing (TH) 3:30 Crosswords Group</p> <p style="text-align: center;">Mardi Gras</p>	<p><b>6</b></p> <p>10:00 Bingo with RCL #229 (TH) 1:15 Music Therapy with Lori 2:00 Music Therapy 1:1s 2:00 Pub with Steve Warner 3:45 Short Stories 6:30 Active Games (TH)</p> <p style="text-align: center;">Ash Wednesday</p>	<p><b>7</b></p> <p>10:00 Exercise 11:00 1:1 Visits 2:00 Bowling (MN) 3:30 Outdoor Walks</p>	<p><b>8</b></p> <p>10:00 Art Studio Open 11:00 Wheelchair Walks 2:00 Happy Hour (DR) 3:30 Pokeno</p>	<p><b>9</b></p> <p>10:00 Bingo (TH) 11:15 1:1 Visits 2:00 Entertainment with Barrie Randle (TH) 3:30 Puzzles &amp; Pondering</p>
<p><b>10</b></p> <p>10:00 Catholic Mass (TH) 10:00 Tea &amp; Chat (TH) 1:30 Evangelical Service (TH) 2:00 Movie Matinee (TH) 3:30 1:1 Visits</p> <p style="text-align: center;">Daylight Saving Time Begins</p>	<p><b>11</b></p> <p>10:00 Exercise &amp; Balloon Ball 11:00 Tall Tales <b>11:00 Luncheon @ RCL #265</b> 🚌 2:00 Spa Care 3:30 Crosswords</p>	<p><b>12</b></p> <p>10:00 Active Games 11:00 Cards (Cribbage) 2:00 Armchair Travel to Ireland (TH) 3:30 Town Hall Decorating</p>	<p><b>13</b></p> <p>10:00 Bingo with RCL # 179 (TH) 1:15 Music Therapy with Lori 2:00 Music Therapy 1:1s <b>2:00 St. Patty's Day Pub w/ Mark Wolfe (TH)</b> 6:30 Movie Night: Leap Year</p>	<p><b>14</b></p> <p><b>9:30 Coffee Outing</b> 🚌 2:00 Painting 3:30 Outdoor Walks</p>	<p><b>15</b></p> <p>10:00 Art Studio Open 11:00 Wheelchair Walks 2:00 Happy Hour (DR) 3:30 Luck of the Irish Trivia</p>	<p><b>16</b></p> <p>10:00 Bingo (TH) 11:15 1:1 Visits 2:00 Entertainment with Greg Alcock (TH) 3:30 Puzzles &amp; Pondering</p>
<p><b>17</b></p> <p>10:00 Catholic Mass (TH) 10:00 Tea &amp; Chat (TH) 1:30 Church Service with Laura Rideout (TH) <b>2:30 Birthday Party with Peter Tennant (DR)</b> 3:30 1:1 Visits</p> <p style="text-align: center;">St. Patrick's Day</p>	<p><b>18</b></p> <p>10:00 Exercise &amp; Balloon Ball 11:00 Biographies <b>11:00 Luncheon @ #60</b> 🚌 2:00 Ladies Tea (TH) 3:30 Music with Jae-Won (TH)</p>	<p><b>19</b></p> <p>10:00 Active Games 11:00 Spa Care 2:00 Pictures of Antarctica with Sally (TH) 3:30 Spring Decorating</p>	<p><b>20</b></p> <p>10:00 Bingo (TH) 10:00 Pet Visits with Justa 1:15 Music Therapy with Lori 2:00 Music Therapy 1:1s 2:00 Pub with Tony Prophet 3:45 1:1 Visits 6:30 Piano with Michael (TH)</p> <p style="text-align: center;">Spring Begins</p>	<p><b>21</b></p> <p>10:00 Therapeutic Walks 12:00 Dine-In Lunch (CL)(TH) 2:45 Bowling</p> <p style="text-align: center;">Purim</p>	<p><b>22</b></p> <p>10:00 Art Studio Open 11:00 Wheelchair Walks 2:00 Happy Hour (DR) 3:30 Pokeno</p>	<p><b>23</b></p> <p>10:00 Bingo (TH) 11:15 1:1 Visits 2:00 Entertainment with The Shriners (TH) 3:30 Puzzles &amp; Pondering</p>
<p><b>24</b></p> <p>10:00 Catholic Mass (TH) 10:00 Tea &amp; Chat (TH) 1:30 Baptist Service (TH) 2:00 Movie Matinee (TH) 2:30 Active Games</p>	<p><b>25</b></p> <p>10:00 Exercise &amp; Balloon Ball 10:45 Short Stories <b>11:00 Luncheon @ RCL #15</b> 🚌 2:00 Spa Care 3:30 Weaving with Christine</p>	<p><b>26</b></p> <p>10:00 Active Games 11:00 Spa Care 2:00 Austria Vancouver Club Melody Choir (TH) 3:30 Crosswords</p>	<p><b>27</b></p> <p>10:00 Bingo with RCL # 148 (TH) 1:15 Music Therapy with Lori 2:00 Music Therapy 1:1s 2:00 Pub with Greg Hampson 3:30 Monthly Decorating 6:30 Movie Night: Singing in the Rain (TH)</p>	<p><b>28</b></p> <p>10:00 Exercise 11:00 1:1 Visits <b>11:00 Bowling Alley Outing!!</b> 🚌 2:00 Painting 3:30 Outdoor Walks</p>	<p><b>29</b></p> <p>10:00 Art Studio Open 11:00 Wheelchair Walks 2:00 Happy Hour (DR) 3:30 Pokeno</p>	<p><b>30</b></p> <p>10:00 Bingo (TH) 11:15 1:1 Visits 2:00 Entertainment with Mike Kinal (TH) 3:30 Monthly Calendar Distribution</p>

10:00 Catholic Mass (TH) **31**  
10:00 Tea & Chat (TH)  
1:30 Church Service with Laura Rideout (TH)  
2:30 SFU: Musician Series (TH)  
3:30 Monthly Calendar Distribution



Program Location	
Town Hall (TH)	MN Dining Room (DR)
Lower North (LN)	Outside (O)
Program Legend	
Bus Outing 🚌	Closed Program (CL)

