



# THE DERBY DIGEST November 2021



Coronavirus COVID-19 BC Centre for Disease Control | BC Ministry of Health **Guidelines for Visitors to Long-Term Care** 

and Seniors' Assisted Living Facilities



DO NOT







All visitors are required to wear a medical mask in hallways, common areas and multiple occupancy rooms



Use soap and water or alcohol-based hand sanitizer



All visitors must provide acceptable proof of COVID-19 vaccination



Visits will not be permitted during active COVID-19 outbreaks



Clean hands before and after visiting





Cough or sneeze into your elbow and do not touch your face



Mission In a home-like environment we provide resident and family centered care while recognizing our veterans' legacy.

**Vision** To be a community committed to compassionate care, innovation and excellence.

Values Resident & family centered, integrity, inclusion, diversity, safety, respect & dignity.

## November Bus Outings



Main South: Nov. 1st, 15th, 29th Lower North: Nov. 9th, Nov. 23rd Main North: Nov. 17th, 24th BSTN: Nov. 4th, Nov. 18th

## The Giving Tree

The **bold** words listed below can be found vertically, horizontally, diagonally, forward, and backward.

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#### APPLES BOY CLIMB AND PLAY HIDE-AND-GO-SEEK KING OF THE FOREST LOVE

\*See a Rec. Staff for prizes once you've completed the puzzle!

#### MAKE LEAVES INTO CROWNS SHADE SHEL SILVERSTEIN STUMP SWING FROM BRANCHES TRUNK

## **Remembrance** Day

George Derby Centre will be having a Remembrance Day ceremony in Town Hall for residents only this year.

If your loved one is a Veteran, please drop off their dress uniform/dress shirt and pants, and metals if available, by November 5th.

If you have any questions please contact Mallory Yeager at myeager@georgederby.ca.



## Pledge a Flag

This Remembrance Day, George Derby Centre is taking pledges to promote awareness and to honour the heroes amongst us for their extraordinary sacrifices. For every \$5 donation received in pledges, a Canada flag will be placed on the George Derby property in honour of a veteran.



All proceeds will go toward improving the lives of the veterans of George Derby Centre.

To pledge a flag with a \$5 donation, please visit the donation page at www.georgederby.ca.





## November **Special Events**

November 3rd: Dine In Lunch—Italian

November 3rd and 17th: Karaoke - 1:30 pm (Studio)

> November 5th: **Pledge a Flag!**

November 11th: **Remembrance Day Ceremony** (Residents Only)



### Birthstone of the Month - Yellow Topaz

Topaz, the birthstone for November, likely gets its name from the Red Sea's Island of Topazios (now called Zabargad). Pure topaz is a colorless or "white" stone. However, it's often tinged with other minerals to create shades of yellow, pink, orange, and blue. It's most commonly found in shades of yellow—a shade Cleopatra was said to be especially fond of, since it reminded her of honey. The ancient Greeks associated topaz with strength. During the Renaissance, Europeans believed this was the stone to use to break a magic spell.



#### Flower of the Month - Chrysanthemums

Chrysanthemums—also called "tansies," "mums," or "chrysanths"—bloom in the fall, bringing extra cheer to colder climates when most flowers take a break. This hugely popular tropical flower, which comes in a range of sizes, gets its name from the Greek words chrysos (gold) and anthemon (flower). Its membership in the compositae or asteraceae family puts it in the edible flower category along with daisies and sunflowers. They



Scorpio (The Scorpian) November 1–21 Sagittarius (The Archer) November 22-30



#### **November Zodiacs**



## **GDC Fall Fair!!**





