



Coronavirus COVID-19

BC Centre for Disease Control | BC Ministry of Health



Hand Hygiene

SOAP OR ALCOHOL-BASED HAND RUB: Which is best?



Either will clean your hands: use soap and water if hands are visibly soiled.



Remove hand and wrist jewellery

HOW TO HAND WASH



Vet hands with warm (not hot or cold)



Lather soap covering all surfaces of hands



Pat hands dry thoroughly with paper towel



Apply liquid or foam soap



under running water



HOW TO USE HAND RUB



Ensure hands are visibly ean (if soiled, follow hand



Apply about a loonle-sized amount to your hands









If you have fever, a new cough, or are having difficulty breathing, call 8-1-1.



THE DERBY DIGEST

April 2022





Mission

In a home-like environment we provide resident and family centered care while recognizing our veterans' legacy.

Vision

To be a community committed to compassionate care, innovation and excellence.

Values

Resident & family centered, integrity, inclusion, diversity, safety, respect & dignity.

Adopt a Flower Pot!



George Derby Families we need your help!

Email myeager@georgederby.ca



Secret Bunny Alphabet Code

Below is a saying about bunnies. Crack the code by putting the letter in the blank that comes between the two letters in the alphabet.

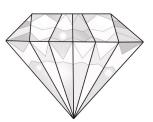
AC TV MO MO HJ DF RT ZB QS DF BD TV CE CE KM XZ KM ZB QS FH DF ZB MO CE SU GI DF RT LN ZB KM KM AC TV SU HJ KM HJ JL DF SU GI DF BD GI NP BD NP KM ZB SU DF AC DF RT SU NP NP MO DF RT SU GI DF SU GI DF LN ZB KM KM





Flower of the Month - Daisy

April's flower is the daisy, which has long been a favorite of gardeners everywhere. Daisies have a simple, cheerful beauty that symbolizes innocence and youth. They are also very easy to care for and will grow just about anywhere. In fact, they are found all over the world except in Antarctica. Just add water and sun, and these little sunbursts add some brightness to any garden. The daisy's Latin name, Bellis perennis, translates to "everlasting beauty," revealing just how cherished this blossom has been throughout the years.



Birthstone of the Month - Diamond

Diamonds have been admired and sought after for millennia due to their brilliant sparkle and uncanny hardness. In fact, they are the hardest known material in the world. With their incredible strength and

sturdiness, it comes as no surprise that diamonds have come to represent constancy and devotion. The Romans, who believed diamonds would make the wearer stronger, used them as amulets. Today, they represent love and are commonly used for engagement rings to symbolize commitment and devotion.



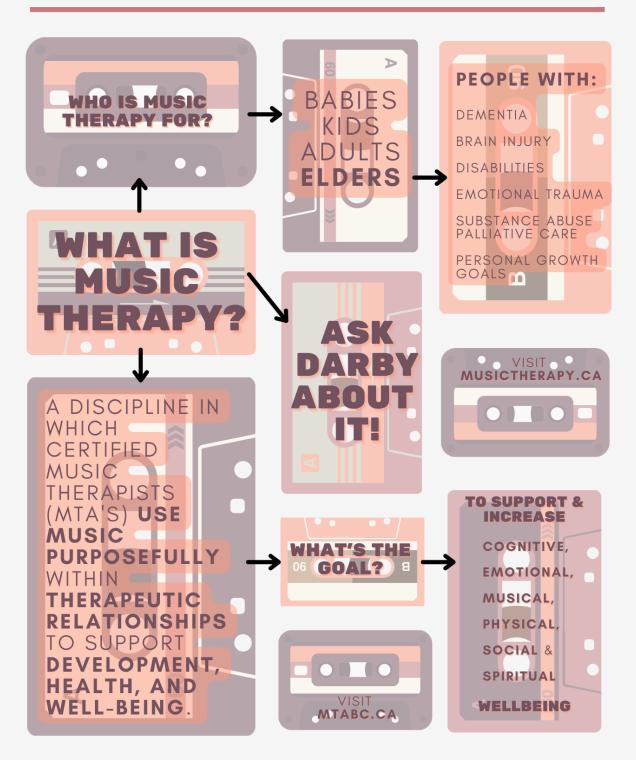
April Zodiacs

Aries (The Ram) April 1–19 Taurus (The Bull) April 20—30



MARCH WAS

MUSIC THERAPY AWARENESS MONTH



April Unit Drives

Main South: April 11th

Lower North: April 5th & April 19th

Main North: April 6th & April 20th

BSTN: April 7th & April 21st

*Please note that Scenic Drives are subject to change without notice.

Thank you for your understanding.

